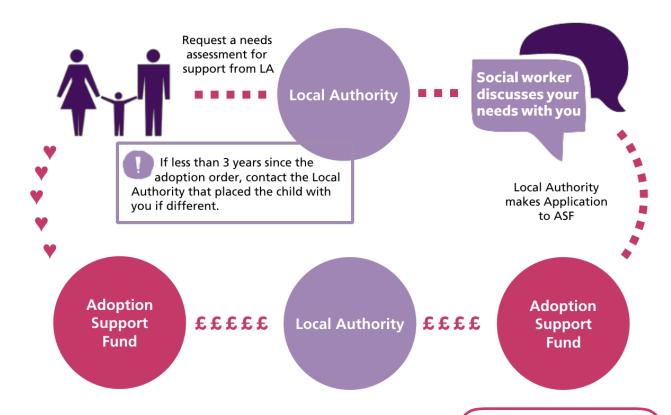
## ADOPTION SUPPORT FUND

Due to early trauma and separation, adopted children have often developed certain coping mechanisms that means they can find it difficult to form relationships and display challenging behaviour.

You will have learned various techniques during your preparation training on how to cope with this but as you get to know your child you will become aware of the complexities of their issues.

It's important to recognise at this point that this is the norm and that there are various parenting skills courses and therapies available to help you and your child overcome the issues you're experiencing. The first step is to contact your local authority to request a needs assessment for support funded by the **Adoption Support Fund**.

## ACCESSING THE SUPPORT YOU NEED



The Fund provides money for a range of therapeutic services that are identified to help achieve the following positive outcomes for you and your child:

Improved relationships with friends, family

## **ASF Funding outline**

- Specialist assessments (e.g CAMHS) are capped at £2500
- Therapy costs at £5000 per child per year. Costs in excess of £5000 (up to £30,000) may be match-funded by the local authority

website: www.first4adoption.org.uk

members, teachers and school staff

- Improved engagement with learning
- Improved emotional regulation and behaviour management
- Improved confidence and ability to enjoy a positive family life and social relationships

To achieve these outcomes the Fund will pay for therapeutic support and services including but not restricted to:

- Therapeutic parenting training
- Further more complex assessment
   (e.g CAMHS assessment,
   multidisciplinary assessment
   including education and health,
   cognitive and neuropsychological
   assessment, other mental health
   needs assessment.)
- Dyadic Developmental
  Psychotherapy
- Theraplay

- Filial therapy
- Creative therapies e.g. art, music, drama, play
- Eye Movement Desensitisation and Reprocessing Therapy (EMDR)
- Non-Violent Resistance (NVR)
- Sensory integration therapy/Sensory attachment therapy
- Multi Systemic Therapy
- Psychotherapy

For a fuller list of what services are in and out of scope of the fund, download the 'Service Categorisation Guidance' from the Adoption Support Fund website (https://www.gov.uk/guidance/adoption-support-fund-asf).

## FURTHER INFORMATION

Where an assessment identifies that you may need other support, such as financial help, or access to peer support groups, the local authority will be responsible for providing this, at their discretion, as is the situation now. Good authorities will work together across social care, health and education to provide a holistic package of support. If you have any further questions about the ASF go to http://www.first4adoption.org.uk/adoption-support/adoption-support-fund.